Benefits that may help cover costs such as those not covered by your medical plan.

Accident Insurance Benefits

With MetLife, you'll have a choice of a plan that provide payments in addition to any other insurance payments you may receive¹. Here are just some of the covered events/services².

			PLAN	
BENEFIT	BENEFIT LIMITS	EMPLOYEE	SPOUSE	CHILD
ACCIDENTAL	DEATH BENEFITS CATEGORY			
Basic Accidental Death	N/A	\$100,000	\$50,000	\$20,000
Accidental Death Common Carrier	IVA	\$225,000	\$112,500	\$45,000
ACCIDENTAL DISMEMBERMENT/FU	NCTIONAL LOSS/PARALYSIS BEN	NEFITS CATE	GORY	
Basic Dismemb	erment/Functional Loss Benefit			
Loss of one finger or one toe		\$1,250	\$1,250	\$1,250
Loss of one arm or one leg		\$20,000	\$20,000	\$20,000
Loss of one hand or one foot	N/A	\$20,000	\$20,000	\$20,000
Loss of two or more fingers or toes	IVA	\$2,500	\$2,500	\$2,500
Loss of sight in one eye		\$20,000	\$20,000	\$20,000
Loss of hearing in one ear		\$20,000	\$20,000	\$20,000
Catastrophic Disme	emberment/Functional Loss Benef	fit		
Loss of both arms or both legs or one arm and one leg		\$60,000	\$60,000	\$60,000
Loss of both hands or both feet or one hand and one foot		\$60,000	\$60,000	\$60,000
Loss of sight in both eyes		\$60,000	\$60,000	\$60,000
Loss of hearing in both ears		\$60,000	\$60,000	\$60,000
Loss of ability to speak		\$60,000	\$60,000	\$60,000
Paralysis Benefit				
Two Limbs (paraplegia or hemiplegia)	N/A	\$30,000	\$30,000	\$30,000
Four Limbs (quadriplegia)	IV/A	\$60,000	\$60,000	\$60,000



		PLAN	
BENEFIT	BENEFIT LIMITS	ALL COVERED PERSONS	
ACCIDENTAL INJURY BE	ENEFITS CATEGORY		
Fracture Benef	iit (Closed)		
Face or Nose (except mandible or maxilla)		\$5,000	
Skull Fracture - depressed (except bones of face or nose)		\$7,000	
Skull Fracture - non depressed (except bones of face or nose)		\$5,000	
Lower Jaw, Mandible (except alveolar process)		\$5,000	
Upper Jaw, Maxilla (except alveolar process)		\$5,000	
Upper Arm between Elbow and Shoulder (humerus)		\$5,000	
Shoulder Blade (scapula), Collarbone (clavicle, sternum)		\$1,500	
Forearm (radius and/or ulna), Hand, Wrist (except fingers)		\$5,000	
Rib	If more than one bone is fractured, the amount we will pay for all fractures	\$2,500	
Finger, Toe	combined will be no more than 2 times	\$250	
Vertebrae, Body of (excluding vertebral processes)	the highest Fracture Benefit.	\$3,000	
Vertebral Process		\$3,000	
Pelvis (includes ilium, ischium, pubis, acetabulum except coccyx)		\$3,000	
Hip, Thigh (femur)		\$6,000	
Соссух		\$2,750	
Leg (tibia and/or fibula)		\$2,750	
Kneecap (patella)		\$1,000	
Ankle		\$3,000	
Foot (except toes)		\$3,000	
Chip Fracture		25%	
Fracture Benefit (Open)			
Face or Nose (except mandible or maxilla)		\$10,000	
Skull Fracture - depressed (except bones of face or nose)	If more than one bone is fractured, the	\$14,000	
Skull Fracture - non depressed (except bones of face or nose)	amount we will pay for all fractures combined will be no more than 2 times the highest Fracture Benefit.	\$10,000	
Lower Jaw, Mandible (except alveolar process)	and highest Hastare Bellent.	\$10,000	
Upper Jaw, Maxilla (except alveolar process)		\$10,000	



Upper Arm between Elbow and Shoulder (humerus)		\$10,000
Shoulder Blade (scapula), Collarbone (clavicle, sternum)		\$3,000
Forearm (radius and/or ulna), Hand, Wrist (except fingers)		\$10,000
Rib		\$5,000
Finger, Toe		\$500
Vertebrae, Body of (excluding vertebral processes)		\$6,000
Vertebral Process		\$6,000
Pelvis (includes ilium, ischium, pubis, acetabulum except coccyx)		\$6,000
Hip, Thigh (femur)		\$12,000
Соссух		\$5,500
Leg (tibia and/or fibula)		\$5,500
Kneecap (patella)		\$2,000
Ankle		\$6,000
Foot (except toes)		\$6,000
Chip Fracture		25%
Dislocation Bene	fit (Closed)	
Lower Jaw		\$2,750
Collarbone (sternoclavicular)		\$2,750
Collarbone (acromioclavicular and separation)		\$2,750
Shoulder (glenohumeral)		\$2,750
Rib		\$2,750
Elbow	If more than one joint is dislocated, the	\$2,750
Wrist	amount we will pay for all dislocations combined will be no more than 2 times	\$2,750
Bone or Bones of the Hand (other than fingers)	the highest Dislocation Benefit.	\$2,750
Нір		\$8,000
Knee (except patella)		\$3,000
Ankle - Bone or bones of the Foot (other than toes)		\$2,500
One Toe or Finger		\$750
Partial Dislocation		25%
Dislocation Ben	efit (Open)	
Lower Jaw		\$6,000
Collarbone (sternoclavicular)	If more than one joint is dislocated, the amount we will pay for all dislocations	\$6,000
Collarbone (acromioclavicular and separation)	combined will be no more than 2 times the highest Dislocation Benefit.	\$6,000
Shoulder (glenohumeral)	the highest bisiocation benefit.	\$6,000



Rib		\$6,000
Elbow		\$6,000
Wrist		\$6,000
Bone or Bones of the Hand (other than fingers)		\$6,000
Hip		\$20,000
Knee (except patella)		\$6,000
Ankle - Bone or bones of the Foot (other than toes)		\$6,000
One Toe or Finger		\$2,000
Partial Dislocation		25%
Burn	Benefit	
2nd Degree w/ less than 10% of surface skin burnt		\$150
2nd Degree 10-25% surface skin burnt		\$300
2nd Degree 25-35% surface skin burnt		\$1,000
2nd Degree 35% or more of surface skin burnt	1 time per accident;	\$2,000
3rd Degree w/ less than 10% of surface skin burnt	Unlimited time(s) per calendar year	\$2,000
3rd Degree 10-25% surface skin burnt		\$3,000
3rd Degree 25-35% surface skin burnt		\$10,000
3rd Degree 35% or more of surface skin burnt		\$17,500
Concus	sion Benefit	
Concussion	1 time(s) per calendar year	\$750
Coma	a Benefit	
Coma	1 time(s) per accident; Unlimited time(s) per calendar year	\$15,000
Lacerat	ion Benefit	
Without repair by stiches		\$100
Repaired by stiches but less than 2 inches long	1 time per accident;	\$175
Repaired by stiches and 2-6 inches long	3 time(s) per calendar year	\$400
Repaired by stiches and over 6 inches long		\$800
Broken T	ooth Benefit	
Crown	1 time(s) per accident; Unlimited time(s) per calendar year (applies to all procedures)	\$400
Extraction	1 time(s) per accident; Unlimited time(s) per calendar year (applies to all procedures)	\$200
Filling	1 time(s) per accident;	\$75



	Unlimited time(s) per calendar year (applies to all procedures)	
Eye Injury Be	nefit	
Eye Injury	1 time(s) per accident; Unlimited time(s) per calendar year	\$500
		PLAN
BENEFIT	BENEFIT LIMITS	ALL COVERED PERSONS
MEDICAL TREATMENT AND SERVIO	CES BENEFITS CATEGORY	1 ENGONO
Ground Ambuland	ce Benefit	
Ground Ambulance	1 time(s) per accident; Unlimited time(s) per calendar year	\$500
Air Ambulance	Benefit	
Air Ambulance	1 time(s) per accident; Unlimited time(s) per calendar year	\$1,500
Emergency Care	Benefit	
Emergency Room		\$275
Physician's Office	1 time per accident (combined with Non- Emergency Initial Care Benefit)	\$150
Urgent Care		\$150
Non-Emergency Initia	I Care Benefit	
Non-Emergency Initial Care	1 time per accident (combined with Emergency Care Benefit)	\$150
Medical Testing	Benefit	
Medical Testing (X-rays, MRI/MR, Ultrasound, NCV, CT/CAT, EEG)	2 time(s) per accident; Unlimited time(s) per calendar year	\$275
Physician Follow-l	Jp Benefit	
Physician Follow-Up Visit	2 time(s) per accident; 6 time(s) per calendar year	\$150
Transportation	Benefit	
Transportation	1 time(s) per accident; 2 time(s) per calendar year	\$500
Therapy Services	s Benefit	
Acupuncture		\$100
Chiropractic Therapy	10 time(s) per accident; \$100 Unlimited time(s) per calendar year \$75	
Cognitive Behavioral Therapy		
Occupational Therapy		\$75



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Physical Therapy		\$100
Respiratory therapy		\$75
Speech Therapy		\$75
Vocational Therapy		\$75
Pain Benefit	t	_
Pain Management (for Epidural Anesthesia)	1 time(s) per accident; Unlimited time(s) per calendar year	\$125
Prosthetic Device	Benefit	
One Device Only	1 time(s) per accident;	\$1,250
More than One Device	Unlimited time(s) per calendar year	\$2,500
Medical Appliance	Benefit	
Brace		\$200
Cane		\$200
Crutches		\$200
Walker - expected use < 1yr		\$250
Walker - expected use >=1 yr		\$500
Walking Boot		\$200
Wheel chair or motorized scooter - expected use < 1yr		\$400
Wheel chair or motorized scooter - expected use >=1yr		\$1,250
Other medical device used for Mobility		\$200
Medical Appliance Benefit Limit (for all appliances combined per accident)		\$2,000
Modification Be	nefit	
Modification	1 time(s) per accident; Unlimited time(s) per calendar year	\$2,000
Blood/ Plasma/ Platele	ets Benefit	
Blood/Plasma/Platelets	1 time(s) per accident; Unlimited time(s) per calendar year	\$600
Surgery Benef	fits	
Surgical Repair – Cranial		\$2,500
Surgical Repair – Hernia		\$250
Surgical Repair – Ruptured Disc	gical Repair – Ruptured Disc 1 time(s) per accident; Unlimited time(s) per calendar year	
Surgical Repair – Skin Graft (% of Burn Benefit)		
Surgical Repair – Torn Cartilage in Knee		\$2,000



Surgical Repair – Torn tendon/ligament/rotator cuff - one		\$2,000
Surgical Repair – Torn tendon/ligament/rotator cuff - two or more		\$4,000
Surgical Repair – Thoracic Cavity or Abdominal Pelvic Cavity		\$3,000
Exploratory Surgery (for any Surgery Benefit procedure)		\$300
Other Outpatient Su	rgery Benefit	
Other Outpatient Surgery Benefit	1 time(s) per accident; Unlimited time(s) per calendar year	\$500
		PLAN
BENEFIT	BENEFIT LIMITS	ALL COVERED PERSONS
ACCIDENT – HOSPITAL BE	NEFITS CATEGORY	
Hospital Admissi	on Benefit	
Admission	1 time per accident:	\$2,500
ICU Supplemental Admission (paid in addition to Admission)	1 time per accident; Unlimited times per calendar year \$2	
Hospital Confinem	ent Benefit	
Confinement	30 days per accident. Payable after the first day of admission.	\$500
ICU Supplemental Confinement (paid in addition to Confinement)	ICU Supplemental Confinement will pay an additional benefit for 30 of those days.	\$500
Inpatient Rehabilitation Benefit		
Inpatient Rehabilitation	15 days per accident; 30 days per calendar year	\$300
		PLAN
BENEFIT	BENEFIT LIMITS	ALL COVERED PERSONS
OTHER BENEFITS CATEGORY		
Health Screening Benefit	1 time(s) per calendar year	\$50
Lodging Benefit	15 day(s) per calendar year	\$300



Other Benefits		
Health Screening Benefit	Paid one time per calendar year. The screening/prevention measures for which a Health Screening Benefit may be paid are: routine health check-up exam; biopsies for cancer; blood chemistry panel; blood test to determine total cholesterol; blood test to determine triglycerides; bone marrow testing; breast MRI; breast ultrasound; breast sonogram; cancer antigen 15-3 blood test for breast cancer (CA 15-3); cancer antigen 125 blood test for ovarian cancer (CA 125); carcinoembryonic antigen blood test for colon cancer (CEA); carotid doppler; chest x-rays; clinical testicular exam; colonoscopy; complete blood count (CBC); coronavirus testing; dental exam; digital rectal exam (DRE); Doppler screening for cancer; Doppler screening for peripheral vascular disease; echocardiogram; electrocardiogram (EKG); electroencephalogram (EEG); endoscopy; eye exam; fasting blood glucose test; fasting plasma glucose test; flexible sigmoidoscopy; hearing test; hemocult stool specimen; hemoglobin A1C; human papillomavirus (HPV) vaccination; immunization; lipid panel; mammogram; oral cancer screening; pap smears or thin prep pap test; prostate-specific antigen (PSA) test; serum cholesterol test to determine LDL and HDL levels; serum protein electrophoresis; skin cancer biopsy; skin cancer screening; skin exam; stress test on bicycle or treadmill; successful completion of smoking cessation program; tests for sexually transmitted infections (STIs); thermography; two hour post-load plasma glucose test; ultrasounds for cancer detection; ultrasound screening of the abdominal aorta for abdominal aortic aneurysms; or virtual colonoscopy. For Texas residents covered under policies sitused in other states, when the Health Screening Benefit is included, the covered screening measures are: physical exam, blood chemistry panel, complete blood count (CBC), chest x-rays, electrocardiogram (EKG), and electroencephalogram (EEG).	
Organized Sports Activity Injury Benefit Rider	If a covered person has an accident that is due to organized sports activity, we will pay an extra 25% of eligible benefits, subject to limitations described in the certificate, under the following benefit categories: Accidental Injury, Accident - Medical Treatment and Services, Hospital benefits. The Organized Sports Activity Injury Benefit Rider is pending regulatory approval in some states.	

Notes Regarding Certain Benefits:

- Accidental Death Benefits Category: The benefit amount will be reduced by the amount of any Accidental
 Dismemberment/Functional Loss/Paralysis Benefits and Modification Benefit paid for Injuries sustained by the Covered Person
 in the same Accident for which the Accidental Death Benefit is being paid.
- Accidental Death Common Carrier Benefit: "Common Carrier": refers to airplanes, trains, buses, trolleys, subways and boats.
 Certain conditions apply. See your Disclosure Statement or Outline of Coverage/Disclosure Document for specific details.
- Lodging Benefit: The lodging benefit is not available in all states. It provides a benefit for a companion accompanying a covered insured while hospitalized, provided that lodging is at least 50 miles from the insured's primary residence.

Please contact MetLife for detailed definitions and state variations of covered benefits.



Plan Benefit Payment Example

Kathy's daughter, Molly, was riding her bike to school. On her way there she fell to the ground, was knocked unconscious, and was taken to the local emergency room (ER) by ambulance for treatment. The ER doctor diagnosed a concussion and a broken tooth. He ordered a CT scan to check for facial fractures too, since Molly's face was very swollen. Molly was released to her primary care physician for follow-up treatment, and her dentist repaired her broken tooth with a crown. Depending on her health insurance, Kathy's out-of-pocket costs could run into hundreds of dollars to cover expenses like insurance co-payments and deductibles. MetLife Group Accident Insurance payments can be used to help cover these unexpected costs.

Covered Event ³	Benefit Amount
Ambulance (ground)	\$500
Emergency Care	\$275
Physician Follow-Up (\$150 x 2)	\$300
Medical Testing	\$275
Concussion	\$750
Broken Tooth (repaired by crown)	\$400
Benefits paid by MetLife Group Accident Insurance	\$2,500

Benefit amount is based on a sample MetLife plan design. Actual plan design and benefits may vary.

Questions & Answers

- Q. Who is eligible to enroll for this accident coverage?
- A. You are eligible to enroll yourself and your eligible family members!⁴ You need to enroll during your Enrollment Period and to be actively at work for your coverage to be effective.
- Q. How do I pay for my accident coverage?
- A. Premiums will be paid through payroll deduction, so you don't have to worry about writing a check or missing a payment.
- Q. What happens if my employment status changes? Can I take my coverage with me?
- A. Yes, you can take your coverage with you.⁵ You will need to continue to pay your premiums to keep your coverage in force. Your coverage will only end if you stop paying your premium or if your employer offers you similar coverage with a different insurance carrier.
- Q. Who do I call for assistance?
- A. Contact a MetLife Customer Service Representative at 1 800- GET-MET8 (1-800-438-6388), Monday through Friday from 8:00 a.m. to 8:00 p.m., EST. Or visit our website: mybenefits.metflife.com.
- ¹ Covered services/treatments must be the result of a covered accident as defined in the group policy/certificate. See your Disclosure Statement or Outline of Coverage/Disclosure Document for full details.
- ² Availability of benefits varies by state. See your Disclosure Statement or Outline of Coverage/Disclosure Document for state variations.
- ³ Benefits and amounts are based on sample MetLife plan design. Plan design and plan benefits may vary.
- ⁴ Coverage is guaranteed provided (1) the employee is actively at work and (2) dependents to be covered are not subject to medical restrictions as set forth on the enrollment form and in the Certificate. Some states require the insured to have medical coverage. Children may be covered to age 26. There are benefit reductions that may begin at age 65.
- ⁵ Eligibility for portability through the Continuation of Insurance with Premium Payment provision may be subject to certain eligibility requirements and limitations. For more information, contact your MetLife representative.

METLIFE'S ACCIDENT INSURANCE IS A LIMITED BENEFIT GROUP INSURANCE POLICY. The policy is not intended to be a substitute for medical coverage and certain states may require the insured to have medical coverage to enroll for the coverage. The policy or its provisions may vary or be unavailable in some states. There are benefit reductions that begin at age 65, if applicable. Like most group accident and health insurance policies, policies offered by MetLife may include waiting periods and contain certain exclusions, limitations and terms for keeping them in force. For complete details of coverage and availability, please refer to the group policy form GPNP12-AX or contact MetLife.

Benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Hospital does not include certain facilities such as nursing homes, convalescent care or extended care facilities. See MetLife's Disclosure Statement or Outline of Coverage/Disclosure Document for full details.

